

Cardiac Risk *in the* **Young**

www.c-r-y.org.uk Tel: 01737 363222



HEAD OFFICE: Unit 7 Epsom Downs Metro Centre, Waterfield, Tadworth, Surrey KT20 5LR
Tel: 01737 363 222 Fax: 01737 363 444 E-mail: cry@c-r-y.org.uk Websites: www.c-r-y.org.uk www.sads.org.uk

Thank you for your interest in raising money for Cardiac Risk in the Young. Please print and complete the below form so we can begin the registration of your application.

Once complete please post to our Head Office : **Unit 7 Epsom Downs Metro Centre,
Waterfield,
Tadworth,
Surrey KT20 5LR**

Please Address the envelope to Rebecca Upson

Please fill in ALL the information requested on BOTH sides of this form and sign the disclaimer. This information is necessary to register you as a CRY runner in the BUPA London 10,000 2012. If you do not fill in, sign and return this form, we will be unable to confirm your place in the team.

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Application to run the BUPA London 10,000 2012 for CRY

Please fill in ALL the information requested on BOTH sides of this form and sign the disclaimer. This information is necessary to register you as a CRY runner in the BUPA London 10,000 2012. If you do not fill in, sign and return this form, we will be unable to confirm your place in the team.

Surname / Family name: _____

First name(s) in full: _____

Gender:

Male

Female

E-mail address: _____

Full postal address: _____

Post code: _____

Date of birth (DD/MM/YYYY): _____

Daytime telephone: _____

Mobile telephone: _____

Please state your reason for supporting CRY: _____

If you are running in memory of someone,
please give their full name: _____

Has a memorial fund been set up for this person?

Yes

No

Don't know

Would you rather prefer a CRY T-shirt or a CRY
running vest?

T-shirt

Vest

Please indicate T-shirt / vest size

Small

Medium

Large

Extra Large

Estimated running time (hours, minutes): _____

Have you participated in any running events before? _____

P. T. O

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EVENT PARTICIPATION POLICY

Cardiac screening is available free of charge if you are aged 14-35 and taking part in a physical event to raise funds for CRY. Please call the CRY office on 01737 363222 for more details.

We are being approached by an increasing number of people who have, or are related to, people with heart conditions, and also want to undertake physical challenges (marathons, parachute jumps, overseas adventures treks, etc) to raise funds and awareness for CRY. In response and for the protection of individuals undertaking such activities, the charity has formulated a policy relating to health checks.

Please fill in section 1, 2 or 3. **You must fill in one section only.**

1) If you have a cardiac condition

We require a letter from your consultant cardiologist, stating that it is OK for you to participate in the desired activity.

Please tick if you have such clearance and can forward a copy of a letter from your consultant now

or will forward one later

If you are not currently under cardiological care, please tick here . We will then forward details of how to be referred to a specialist.

2) If you have a family history of cardiac conditions that can cause young sudden cardiac death (family history includes blood relations both younger and older than you)

We require a letter from your consultant cardiologist, if you have seen one, stating that it is OK for you to participate in the desired activity.

Please tick if you have such clearance and can forward a copy of a letter from your consultant now or will forward one later

If you have not been referred to a consultant cardiologist for assessment, please tick here .

We will then forward details of how to be referred to a specialist.

3) If you fall into neither of the above categories

Please tick here to confirm that you are entering the event at your own risk – but please see our offer of screening above, if you are aged 18-35

Disclaimer – I accept all the conditions of entry and declare that all information provided on this form is correct and that any appropriate information has been included.

By accepting this place I will be honour-bound to raise a minimum of £176.20 sponsorship in addition to my £25 deposit.

Signature: _____ Date: _____

Please return your completed application form to CRY, enclosing a cheque for a non-refundable deposit of £25 made payable to 'CRY'. This will reserve your place in the BUPA London 10,000 2012. The pledge amount for this event is £201.20 (including deposit).

Please send your completed application form and cheque to:

Becci Upson, Fundraising Assistant, Cardiac Risk in the Young,
Unit 7 Epsom Downs Metro Centre, Waterfield, Tadworth, Surrey, KT20 5LR

Alternatively please scan your completed form and email it to events@c-r-y.org.uk or fax to 01737 363444 and call 01737 363222 to pay your deposit by credit or debit card.