



Cardiac Risk in the Young

Every week at least 12 apparently 'fit and healthy' young people die in the UK of undiagnosed heart conditions

CRY is a charity founded in 1995 to provide support and information on cardiac risk in young people.

Counselling - CRY offers help, support and counselling to families who have suffered a loss. The development of CRY's counselling programme was funded by a grant award from the Department of Health.

CRY SSN - The CRY Surgery Supporters Network is for young people who have had, or are about to confront, potentially life-saving surgery of implantation of defibrillator, pacemaker, or ablation, and want to talk to others who have been through a similar experience.

CRY operates **cardiac screening** programmes, funds **medical research**, the **CRY Centre for Sports Cardiology** and the **CRY Centre for Cardiac Pathology**.



CRY has a wide range of information available upon request:

Brochure/ Quarterly Update - including medical information on the most common causes of Young Sudden Cardiac Death (diagnosis, symptoms, genetic implications, and treatment) written by experts in the area including Professor McKenna (CRY Patron) and Dr Sanjay Sharma.



Information leaflets - general leaflet, counselling / support leaflet and sports cardiology / referral leaflet.

Posters - for hospitals and surgeries, providing medical information and support networks around the UK.

Research Booklets (Issue 1&2) - A collection of published journal articles CRY has contributed to since 1995.

SADS Booklet - 'When a young person dies suddenly SADS sudden arrhythmic death syndrome' is a booklet that has been produced with funding from the British Heart Foundation (BHF).

The booklet has been written by Dr Elijah R Behr MA MRCP and provides information for the family and relatives of a young person who has died of Sudden Arrhythmic Death Syndrome - SADS sometimes called sudden adult death syndrome.

The booklet is available free upon request, and is also available on the CRY websites including at www.sads.org.uk



For more information on Cardiac Risk in the Young please call 01737 363 222 or visit www.c-r-y.org.uk