

CRY Patron

Kathryn Harries



"Like many of you, I've read about fit, young people dying without warning because of an undiagnosed heart condition. As a mother of two, I've barely dared to imagine the terrible grief of these youngsters' families and prayed that I might never have to endure such shocking bereavement. It didn't occur to me that there was something I could do to help. Then I heard about CRY. This fantastically energetic charity aims to make screening for heart conditions part of every young person's life. Our children are our future. How can we let 12 youngsters die every week of every month of every year and do nothing? Join me as I sing and walk to raise funds and awareness. Help me help CRY help our young."

For more information contact



Cardiac Risk in the Young

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