



**Cardiac  
Risk in the  
Young**

**80%**

of young sudden cardiac deaths occur with **no** prior symptoms

Screening has been shown to **PREVENT** young sudden cardiac deaths

When there are symptoms they include:

- family history
- chest pain (exercise-related)
- breathlessness
- palpitations
- dizziness
- fainting



Scan the QR to book an appointment

**CRY operates a national screening programme available to anyone aged 14 - 35 in the UK.**

For more information or to book an appointment contact CRY via;

**[www.testmyheart.org.uk](http://www.testmyheart.org.uk) or 0203 691 0000**