



**Cardiac
Risk in the
Young**

Screening

Giving young people the choice

1 in **300** people
have a potentially
life-threatening
cardiac condition that
will require lifestyle
modification or
treatment



A **simple**
non-invasive
10 minute heart test
(electrocardiogram ECG)
can detect the majority
of conditions that can
cause young sudden
cardiac death

*CRY believes **all** young
people should have the
choice to have cardiac
testing.*

#testmyheart

CRY operates a national screening programme available to
anyone aged 14-35.

For more information or to book an appointment contact CRY via;

www.testmyheart.org.uk or **0203 691 0000**

Scan the QR to book an appointment



01737 363222 www.c-r-y.org.uk

 @CRY_UK



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 CRYVideos