



**Cardiac  
Risk in the  
Young**

Registered Charity No: 1050845

## **CRY Patron** Northern Ireland



## **Andrew Trimble**

Ireland rugby football player

*"I firmly believe that all young people should attend cardiac screening whether they are involved in sport or not. It is important to know that you are fit to compete in the sport of your choice. Likewise if a problem is diagnosed, it can be treated. It is better to be safe. My message is simple: 'Go Get Screened'."*

Every week  
in the UK  
at least **12** apparently  
**fit** and **healthy**  
**young** people **die**  
of undiagnosed  
heart conditions

Offering **help**  
and **support** to  
affected families

  @CRY\_UK  
CardiacRiskintheYoung  
[www.c-r-y.org.uk](http://www.c-r-y.org.uk)