



**Cardiac
Risk in the
Young**

Registered Charity No: 1050845



CRY Patron

Phil Packer MBE

Charity Ambassador.

"This year I was invited to start CRY's third Bridges Walk in London. I was very fortunate to spend the day talking to the remarkable families and friends who have lost children and continue to support CRY for others, and also with Alison Cox, the Founder of CRY, who gave me an insight into cardiac conditions I had no idea existed. I was astounded that there are possibilities to reduce the toll of suffering through young sudden cardiac death, including "testmyheart" tours. This very modest, humbling and determined organisation are saving the lives of young people with conditions that need to be identified early. I am honoured to be a Patron, learn more and give my full support."

Every week
in the UK
at least **12** apparently
fit and **healthy**
young people **die**
of undiagnosed
heart conditions

Offering **help**
and **support** to
affected families

  @CRY_UK
CardiacRiskintheYoung
www.c-r-y.org.uk