

Have you been diagnosed with a heart condition when you thought you were fit and healthy?

If you're aged between 12 and 35 Cardiac Risk in the Young (CRY) can help you.

We understand that being young and suddenly finding that you need to be treated for a heart condition is not easy.

CRY's *myheart* network offers help, support and information to young people who are coping with a diagnosis of a heart condition.



myheart

Supporting young people with cardiac conditions



Contact CRY

t: 01737 363222

e: cry@c-r-y.org.uk

www.c-r-y.org.uk

Find *myheart* on Facebook 