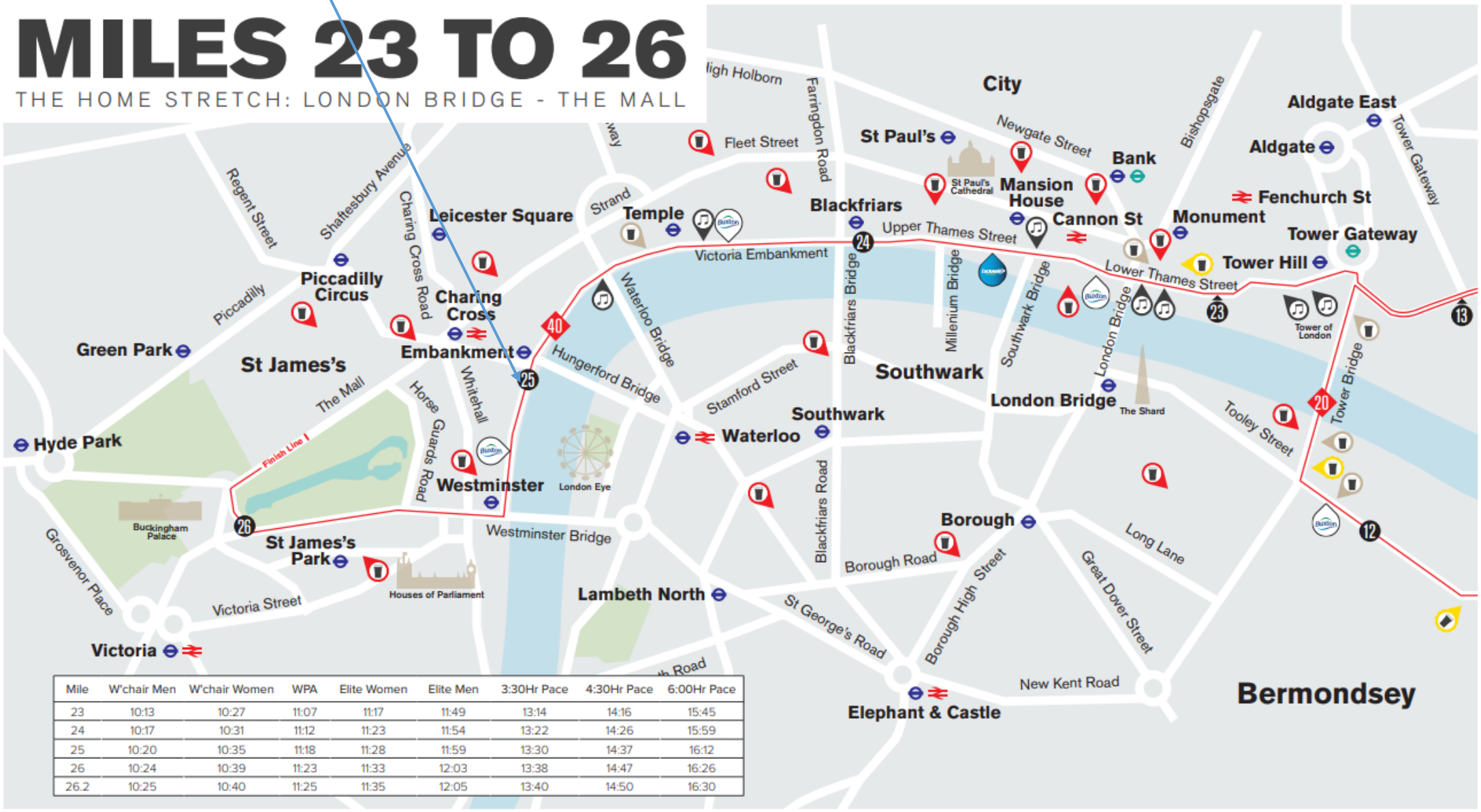
CRY CHEER POINT- MILE 25

ANYWHERE ALONG EMBANKMENT WHERE THERE IS SPACE

MILES 23 TO 26

THE HOME STRETCH: LONDON BRIDGE - THE MALL



Mile	W'chair Men	W'chair Women	WPA	Elite Women	Elite Men	3:30Hr Pace	4:30Hr Pace	6:00Hr Pace
23	10:13	10:27	11:07	11:17	11:49	13:14	14:16	15:45
24	10:17	10:31	11:12	11:23	11:54	13:22	14:26	15:59
25	10:20	10:35	11:18	11:28	11:59	13:30	14:37	16:12
26	10:24	10:39	11:23	11:33	12:03	13:38	14:47	16:26
26.2	10:25	10:40	11:25	11:35	12:05	13:40	14:50	16:30

KEY

Buxton Natural Spring Water · Fuller's pub on course · Pub on course · Lucozade Sports drink · Mile Marker · Pub on course with music · Music on course · KM Marker · The Route